



WISDOM ACCESS QUESTIONS

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What do you want?
What's stopping you?
What is this costing you?
What has to happen for you to feel successful?
What are you building toward?

What is the big picture?
What's possible?
What would solve this for good?
What is the bigger, better, smarter action?
What will keep this problem from coming back?
What is at the source of this?
What will change moving forward?

What are you responsible for?
What are you committed to?
What are you afraid of?
What are you attached to?
What is the dream?
What is the real reason you want that?
What is beyond this problem?
What is next?

What do you really, really want?
What if there were no limits?
What haven't I asked that I should ask?
What needs to be said that has not been said?
What are you not saying?
What else do you have to say about that?

What do you hope to accomplish by having that conversation?
What do you hope to accomplish by doing that?
What's the first step?
What's good about that?
What's important about that?
What would it take for you to treat yourself like your best client?
What benefit/payoff is there in the present situation?
What do you expect to have happen?

What's the ideal?
What's the ideal outcome?
What would it look like?
What's the truth?
What are you going to do?
What's working for you?
What would you do differently?
What decision would you make from a position of strength?
What other choices do you have?
What are your options?

What gift are you not being responsible for?
What gives you energy?
What drains your energy?
What's in your way?
What would make the biggest difference?
What are you passionate about?
What galls you?
What is right for you?



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(page 2)

What is left to do to have this be complete?
What do you have invested in continuing to do it this way?
What is that?
What comes first?
What are the consequences?
What consequence are you avoiding?
What value did you receive from this meeting/conversation?
What is motivating you?
What has you hooked?
What's missing?

What does that remind you of?
What do you suggest?
What is underneath that?

What is this person contributing to the quality of your life?
What is it that you are denying yourself right now?
What do you need to put in place to accomplish this?
What is the simplest solution here?
What support to you have/need?
What would help you know I support this/you completely?
What happened?

What are you avoiding?
What is the worst that could happen?
What is your vision for yourself and the people around you?

What made you react this way?
What did you assume?
What assumption are you making?
What have you learned?
What can you be grateful for here?
What is one thing you could do tomorrow?
What matters?
What matters now?
What matters most to you?
What is your criteria?
What anchors you?

What if you knew?
What's your heart telling you?
What are you willing to give up?
What would you do differently?
What are you not facing?
What does this remind you of?

What would bring you peace?
What does your soul say?

Write your own:

1.

2.

3.

4.

5.